

B
BIRTHRIGHT
of Onondaga County
RESOURCE CENTER
for Pregnant Women
and New Mothers in
Need

346 N. Midler Avenue
Syracuse, NY 13206
Local Office: 315 479-5807
24/7 Helpline: 800-449-5000
Website:
www.BirthrightSyr.org.



*Be the change
you wish to see
in the world!*

*Thank you... On behalf of many
pregnant women, new mothers
in need and the unborn!*

**POST OFFICE
BULK MAIL
PERMIT
#1550**

For Birthright news and updates, send your email address
to us @ BirthrightOnondaga@outlook.com
and check us out on Instagram: [Birthright_Onondaga](https://www.instagram.com/Birthright_Onondaga)

BIRTHRIGHT of Onondaga County

**CNY Resource Center
Assisting and Encouraging
All Mothers in Need**

Est. 1977

Fall/Winter 2022



God knows these hearts need you...

**Come stroll with us to help them
and celebrate every new life!**

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**TO ALL OUR FRIENDS AND GENEROUS
DONORS ENDORSING NEW LIFE:**



Knights of Columbus #5186
St. Francis Xavier Church
Barbara F.
Carolyn & Kurt P.
Dean & Sharon B.
Frank & Donna V.
Sam & Sharon C. –
CNY Community Fdn.
Terrance & Joan D.
Craig & Barbara F.
David T & Catherine F.
Ellen H.
Fred & Gloria D.
Kathy D.
Kathy S.
Lisa A.
Lisa Z. & Deb B.
Louis & Joan R.
Marilyn M.
Marty S. & granddaughter
Mary M.
Michael & Dawn T.
Michael E.
Michelle P.
Peter & Barbara I.
Robert & Maryanne K.
Sarah & Peter S.
Sharon F.
Susan B.
Thomas & Delores B.
Toni C.

Blessed Sacrament Church
First United Methodist Church
Holy Cross Church
Pope John XXIII Church
St. Augustine Church
St. Charles & St. Ann's Parish
St. Daniel's Church
St. Elizabeth Ann Seton
St. Mary's Connections Ministry
St. Mary's of the Lake
St. Matthew's/St. Mary's/
St. Francis
St. Michael's Church
Transfiguration Church
Word of Life Assembly of God
Faith Chapel Church
Joseph's House
Ladies Ancient Order of
Hibernians – M. Fogarty
Mead & Johnson - Joe P.

Knitters/Crocheters

Connie M.
Karen P.
Pat D.
Pat S.
Rosanne M.

Students

Sofia Z.
Sophia C. and John F.
Chloe M.

And all those who fill emergency needs – You know who you are!

***We only serve CNY only through your generosity.
May you have a Holy Christmas and Blessed New Year!***

FAMILY ENTERTAINMENT

BOOKS:

“I Can Hear Music”- Brendan Lyons and
Missy Johnson for Adults and Children
“When You Became You” - Brooke Stanton
and Christiane West – ages 8 to 12.
“Before I was Me” - Frank Fraser - ages 3-9
“Grandma Prays for You” - Jean Fischer
“I Loved You Before You Were Born” - Anne Bowen
“God Gave Us Family” - Lisa Tawn Bergren



RECOMMENDED FAMILY MOVIES:

Lifemark
A Matter of Life
Unplanned
Father Stu
Children of Men
The Way

ALL OF OUR VOLUNTEERS ARE TRUE GIFTS:

From Sofia Z: As a student attending a Catholic high School, I am no stranger to completing acts of service. Every student is required to have a certain number of hours by the end of school year. Volunteering can provide a variety of benefits, such as developing life skills, building relationships and meeting new people and even can be helpful in one's future. Many college applications and job opportunities prioritize active engagement through consistent service. Finding a place that you actually enjoy giving your time can reveal new passions and unlock a sense of purpose.... More from Sofia in our next newsletter.

Sophia C: Sophia is helping manage our social media pages. In the spring, she organized college students to collect and donate gift bags for new mothers as well as helping with Christmas projects. She is pro-life and pro-active on and off campus!

Al V. is a senior with a disability and offered to make a delivery for us. Interesting enough, he delivered coats and winter clothes to a needy family with 5 children to a street in Syracuse where his grandfather was born. Then, he made a cash donation.... Thank you, Al, you are a blessing!

BIRTHRIGHT IS:

A Resource Center to rescue and revive women during and after pregnancy – a caring place without judgment or cost.



OUR MISSION is to offer support, necessities, options and information to local women so they can make positive and informed decisions for the best health and wellness for themselves and their families – for new beginnings with hope.

- ♥ We can be reached 24/7 at our local office 315 479-5807, our 800 helpline (800-550-4900) and at 211.
- ♥ Resources focused on relieving family stress and on mothers' and families' overall health and well-being.
- ♥ We give immediate support for pregnant women before birth by offering free pregnancy tests, sonograms, personal care products, clothing and outerwear and referrals for other necessities – medical, dental and mental health care, immediate and safe housing, meals and food and much more.

PRAYER FOR OUR COMMUNITY:

Lord, we know You love us, even when storms blow through and take away some of what we hold dear. Use the time of recovery and rebuilding to help families draw closer to You and see what's most important in life.

For people who don't have the resources to rebuild, help us to supply what they need to re-establish their lives and begin with hope to thrive again.

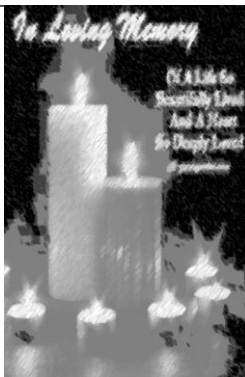
Give strength and wisdom to volunteers and workers at agencies that help feed and clothe the needy.

Help, especially, pregnant women and new mothers to envision the purpose that comes with new life. Amen!

In Living Memory of a Life Beautifully Lived and A Heart So Deeply Loved:

You can make a legacy bequest and at the same time sustain Birthright's mission to support mothers and new life – what a truly wonderful way to remember a well-lived life.

Please consider remembering Birthright in your will or making a special memorial gift in the name of your loved one.



Birthright Listed as a Key Pregnancy Care Resource

As part of its "Working with Moms in Need" initiative, the Respect Life Office of the Syracuse Catholic Diocese has listed Birthright as a top pregnancy care center for pregnant women in our community. The U.S. Catholic Bishops called upon local parishes to bear witness to the beauty and dignity of human life by helping pregnant women and children in crisis in their communities with encouragement and basic life necessities. Our Respect Life Office recognizes that this is exactly what Birthright volunteers do every day.

"Alone we can do so little; together we can do so much." Helen Keller

MAKE YOUR IMPACT... FOR LIFE:

DIRECT DONATION:

✓ *If you have the Venmo app, you can send us a donation to Birthright of Onondaga - for a one-time or continuous donation*

OR

✓ *Use the enclosed, addressed envelope for a donation*

WHEN SHOPPING:



Go to [Amazon.Smile.com](https://www.amazon.com/smile) and bookmark. Then register for "Birthright of Onondaga Co."

No cost to you and the donation to Birthright is automatic upon checkout!

AT CHURCH:

Coat, Hat and Mitten Drives

Baby Showers

Baby Bottle Drive

Ornament Sale for Birthright – We have a great assortment!



AT HOME:

Collect Bottles & Cans and donate to Birthright



AT WORK:

Check out Employee Matching Programs like United Way, Benevity, etc.



OUR TRACK RECORD



Birthright impacts every phase of motherhood – from pregnancy through delivery and beyond. In 2021, Birthright provided maternity coats and clothing to pregnant mothers, 104 layettes for newborns, 217 gift bags for toddlers, managed 936 calls and intake appointments, supplied 32 books on healthcare, ordered 28 safe-sleeping cribettes, oversaw pregnancy tests and made referrals for sonograms, housing, medical care and other services.

Through November 2022, we supplied 182 toddler gift bags and 121 infant layettes to local expecting women and new mothers. We work every day with Catholic Charities, Dept. of Social Services, Healthy Families, St. Joseph’s Hospital, New Hope, Joseph’s House, doctors’ offices and other local family agencies. Currently, we have 15 expectant mothers requesting necessities for babies born in 2023.

SCOOPS AND TALES



In October, Syracuse was declared the poorest city in the U.S. The following are tales about families in real need.

A friend of a pregnant woman called for this mother ready to deliver her first child. She did not speak English, just arriving in Syracuse with no family to help. We provided “What to Expect When Expecting” and “What to Expect the First Year” in her language as well as a complete layette. We then guided her to St. Joseph’s Maternity Care for prenatal care.

A young family just moved from Ohio and were living in a local motel. They have 3 children under 6 and expecting another at the end of December and needed immediate help. We were able to help with warm winter clothing and coats, blankets, books, toys and diapers. They were also given our resource sheet with info on obtaining free diapers, free beds and local services. We have a future layette waiting for the new baby and this family has been added to our special Christmas list...Happy hearts all around!

A mother of nine was evicted; DSS put this family up in a local motel with a new set of triplets... This mom needed baby necessities as well as warm clothes for older children. We provided everything available needed for newborns and toddlers.

A young mother with a toddler was homeless due to domestic violence. We contacted both of our best women’s shelters for placement (Joseph’s House and Chadwick House) and delivered clothing and coats as well as gift cards for food.



OUR CHRISTMAS CORNER

One of our volunteers created a Secret Santa list for needy families. We will provide gifts - toys, books, clothing and PJ’s - to as many families in need as we can to create smiles.

You can help, too, to make happy holidays for families in need – call for a time to drop off your special donations of Walmart gift cards, Christmas gifts of clothes, toys and books!



Many hands make light work...

We need you to join us:

- ★ **BE A VOLUNTEER** – Donate your energy and life experience. Only 4 hours of your time per week or month. (We give service hours to students.)
- ★ **DONATE** gently-used children’s clothing and coats
- ★ **MAKE** newborn sweaters, blankets, gloves & hats
- ★ **SHARE** our Newsletter with a friend or neighbor
- ★ **DISTRIBUTE** our Wish List to an organization
- ★ **SPONSOR** an event – Use our Wish List to collect Baby Bottles, Wipes, Newborn Diapers, Sleepers, Onesies, Baby Wash, Towels, Blankets for newborns
- ★ **REDEEM** bottles and cans and donate the receipts
- ★ **PRAY** with and support 40 Days for Life
- ★ **BECOME A LIVING WITNESS** – Be a more loving parent, grandparent, neighbor and friend and help those in your life in need.



We are looking for special volunteers to help us:

1. With fundraisers – We need your ideas....
2. Updating our website and social media.

On both these projects, you can volunteer from home.....**Call us – 315 479-5807!**

Congratulations to Beth D. from Cortland, who won the S.U. tickets to the Notre Dame game on 10/29.

